

2023-24 Skating Skills Events – This chart reflects the rules in place for the 2023-24 season, which begins July 1, 2023



General Event Parameters:

1. Levels are based on the skaters' highest standard or Skate United skating skills test passed.
2. A skating skills competition event will consist of the skater performing two skating skills patterns.
3. The patterns to be skated depend on which quarter of the year the competition is held. The skater will perform the two patterns listed for their level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30 – July 2), the patterns will be selected based on the start date of the competition listed in the announcement (in this example, the second quarter).
4. Each skater will complete both of their required patterns consecutively in the order listed, pausing briefly in between.
5. The host club may choose to play background music, at a low volume, at their discretion.

LEVEL	HIGHEST SKATING SKILLS TEST	Jan. 1 – March 31	April 1 – June 30	July 1 – Sept. 30	Oct. 1 – Dec. 31
<u>Pre-Preliminary</u>	Pre-Preliminary	1. Forward perimeter stroking (1/2 rink only) 2. Basic consecutive edges (forward outside & forward inside only)	1. Forward perimeter stroking (1/2 rink only) 2. Waltz eight (two patterns/foot)	1. Basic consecutive edges (backward outside & backward inside only) 2. Forward left & right spirals	1. Waltz eight 2. Forward left & right spirals
<u>Preliminary</u>	<u>Standard or Skate United Preliminary</u>	1. Forward & backward crossovers 2. Forward power three-turns	1. Forward & backward crossovers 2. Consecutive outside & inside spirals	1. Forward circle eight 2. Alternating forward three-turns	1. Forward circle eight 2. Forward power three-turns
<u>Pre-Bronze</u>	<u>Standard or Skate United Pre-Bronze</u>	1. Forward & backward perimeter stroking 2. Forward outside and backward inside three-turns	1. Forward & backward power change of edge pulls 2. Forward inside and backward outside three-turns	1. Five-step mohawk sequence 2. Backward circle eight	1. Forward outside- backward inside three-turns 2. Backward circle eight
<u>Bronze</u>	<u>Standard or Skate United Bronze</u>	1. Forward power circle 2. Backward power three-turns	1. Backward power circle 2. Forward double three-turns	1. Eight-step mohawk sequence 2. Forward double three-turns	1. Forward & backward free skate cross strokes 2. Backward power three-turns
<u>Pre-Silver</u>	<u>Standard or Skate United Pre-Silver</u>	1. Brackets in the field 2. Spiral sequence	1. Brackets in the field 2. Forward twizzles (right forward outside & right forward inside only)	1. Forward twizzles (left forward outside & left forward inside only) 2. Inside slide chasse pattern	1. Backward double three-turns 2. Brackets in the field
<u>Silver</u>	<u>Standard or Skate United Silver</u>	1. Inside three-turns/rocker-choctaws 2. Twizzles (Backward outside only)	1. Forward & backward outside counters 2. Twizzles (backward inside only)	1. Forward & backward inside counters 2. Forward inside & outside loops	1. Backward rocker choctaw sequence 2. Forward inside & outside loops
<u>Pre-Gold</u>	<u>Standard or Skate United Pre-Gold</u>	1. Forward & backward outside rockers 2. Backward loop pattern	1. Forward & backward inside rockers 2. Choctaw sequence	1. Straight line step sequence 2. Power pulls	1. Straight line step sequence 2. Backward loop pattern
<u>Gold</u>	<u>Standard or Skate United Gold</u>	1. Sustained edge step 2. Serpentine step sequence	1. Spiral sequence 2. Serpentine step sequence	1. Backward outside power double three-turns to power inside double rockers 2. Serpentine step sequence	1. Backward inside double three-turns to power double outside rockers 2. Serpentine step sequence